



Chili Peppers

FOOD.BRAND

FOOD.CATEGORY

Chili Peppers

Nutrients

CALORIES	43 kcal (per 100g)
PROTEIN	1.9g (per 100g)
FAT	0.4g (per 100g)
CARBOHYDRATES	8.8g (per 100g)
FIBER	1.5g (per 100g)

David Janitzek Diets
Premium
Krumbacher Straße 26
86424 Dinkelscherben,
Germany
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Detailed Nutrient List
Contact:
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Bank Details
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IBAN: DE26 7207 0024 0064 1910 00
SWIFT (BIC): DEUTDEDB33



FIBER	1.5 g
PROTEIN	1.9 g
CARBOHYDRATE	8.8 g
WATER	88 g
SUGAR	5.3 g
VITAMIN C (ASCORBIC ACID)	143.7 mg
VITAMIN A	48 µg
VITAMIN K	14 µg
VITAMIN B6 (PYRIDOXINE)	0.51 mg
POTASSIUM	322 mg
MAGNESIUM	23 mg
IRON	1.2 mg
CALCIUM	14 mg
SODIUM	9 mg
VITAMIN E	0.69 mg
VITAMIN B3 (NIACIN)	1.24 mg
VITAMIN B2 (RIBOFLAVIN)	0.09 mg
VITAMIN B1 (THIAMIN)	0.07 mg
FOLATE	23 µg
ZINC	0.26 mg
BETA-CAROTENE	2.03 µg
LUTEIN + ZEAXANTHIN	0.68 mg
CHOLESTEROL	0 mg

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 Germany FATTY MONOUNSATURATED
 VAT ID: DE453108867

Bank Details
 Bank: Deutsche Bank 0.04 g
 IBAN: DE26 7207 0024 0064 1910 00
 SWIFT (BIC): DEUTDEDB720
 0.02 g



FATTY POLYUNSATURATED	0.24 g
OMEGA 3	0.04 g
OMEGA 6	0.2 g

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