



Lawn Mowing, Riding Mower

LOW-INTENSITY CARDIO

OUTDOOR EXERCISE

WHOLE BODY

Nutrients

EXERCISE.DIFFICULTY

-

EXERCISE.KCAL_HOUR

131 kcal/h

The information contained in this document is for educational purposes only and does not replace medical advice.

David Janitzek Diets
Premium
Krumbacher Straße 26
86424 Dinkelscherben,
Germany
VAT ID: DE453108867

Contact:
Email:
support@dietspremium.com
Tel.: +49 1520 744 5675

Web:
dietspremium.com

Bank Details
Bank: Deutsche Bank
IBAN: DE26 7207 0024 0064 1910 00
SWIFT (BIC): DEUTDEDB720