



Hand Snow Shoveling, Moderate Effort

Nutrients

EXERCISE.DIFFICULTY	-
EXERCISE.KCAL_HOUR	278 kcal/h

pdf.export.disclaimer

David Janitzek Diets
Premium
Krumbacher Straße 26
86424 Dinkelscherben,
Germany
VAT ID: DE453108867

Contact:
Email:
support@dietspremium.com
Tel.: +49 1520 744 5675

Web:
dietspremium.com

Bank Details
Bank: Deutsche Bank
IBAN: DE26 7207 0024 0064 1910 00
SWIFT (BIC): DEUTDEDB720