



Tomato

Tomatoes (primary ketchup ingredient) can trigger oral allergy syndrome (OAS) via profilin (Lyc e 1) or lipid transfer proteins (Lyc e 3), especially in birch pollen or grass pollen allergics. Rarely causes anaphylaxis; cross-reacts with latex (latex-fruit syndrome).

Nutrients

Recipe preparation steps

n.syn Skin rash, Itching, Swelling, Digestive Issues, Oral Allergy Syndrome, Anaphylaxis

en.h Avoidance, Antihistamines, Epinephrine Auto-Injector, Topical Creams, Medical Consultation, Dietary Substitutes

David Janitzek Diets
Premium
Krumbacher Straße 26
86424 Dinkelscherben,
Germany
VAT ID: DE453108867

Contact:
Email: support@dietspremium.com
Tel.: +49 1520 744 5675

Web:
dietspremium.com

Bank Details
Bank: Deutsche Bank
IBAN: DE26 7207 0024 0064 1910 00
SWIFT (BIC): DEUTDEDB720