



Scrambled eggs with mushrooms and onions - Ingredients

| | NAME | AMOUNT | UNIT | TOTAL WEIGHT |
|--------------------------|--|--------|----------------|--------------|
| <input type="checkbox"/> | Whole Chicken Eggs (M) <i>(51 g)</i> | 3 | Piece | 51 g |
| <input type="checkbox"/> | Onion <i>(1 g)</i> | 50 | Gram | 1 g |
| <input type="checkbox"/> | Wholemeal Rye Bread <i>(30 g)</i> | 1 | Slice of bread | 30 g |
| <input type="checkbox"/> | Olive Oil <i>(5 g)</i> | 1 | Teaspoon | 5 g |
| <input type="checkbox"/> | Fresh Mushrooms <i>(20 g)</i> | 5 | Piece | 20 g |