



Whole grain bread - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Wheat Flour <i>(1 g)</i>	300	Gram	1 g
<input type="checkbox"/>	Instant Dry Yeast <i>(7 g)</i>	1	Package	7 g
<input type="checkbox"/>	Water <i>(1 g)</i>	200	Mililiter	1 g
<input type="checkbox"/>	White Salt <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	White Sugar 2 <i>(1 g)</i>	1	Teaspoon	1 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	5	Tablespoon	10 g