



Low-Carb Berry Porridge with Almonds - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Almond Milk <i>(1 ml)</i>	300	Milliliter	1 ml
<input type="checkbox"/>	Ground Almonds 2 <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	Chopped Almonds <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	Erythritol <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	Psyllium Husk <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Strawberries 2 <i>(1 g)</i>	100	Gram	1 g