

Chicken Lecso - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Onion <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Chunky Canned Tomatoes <i>(1 g)</i>	400	Gram	1 g
<input type="checkbox"/>	Zucchini <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Parsley Leaves 2 <i>(1 g)</i>	2	Teaspoon	1 g
<input type="checkbox"/>	Garlic <i>(5 g)</i>	1	Tooth	5 g
<input type="checkbox"/>	Red Bell Pepper <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(10 ml)</i>	1	Tablespoon	10 ml
<input type="checkbox"/>	Chicken Breast Fillet 2 <i>(1 g)</i>	50	Gram	1 g
