



Sandwich with Hummus, Turkey and Tomato - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato (170 g)	0.25	Piece	170 g
<input type="checkbox"/>	Light Rye Bread (35 g)	1	Slice of bread	35 g
<input type="checkbox"/>	Natural Hummus (20 g)	1	Tablespoon	20 g
<input type="checkbox"/>	Turkey Ham (13 g)	1	Slice	13 g
