



## Cauliflower Salad with Pears - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Cauliflower</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>Pear</b> <i>(1 g)</i>	125	Gram	1 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	<b>Orange Juice</b> <i>(10 ml)</i>	2	Tablespoon	10 ml
<input type="checkbox"/>	<b>Garden Cress</b> <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(5 g)</i>	1	Teaspoon	5 g