

# Cauliflower Curry with Carrots - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Carrot</b> <i>(50 g)</i>	1	Piece	50 g
<input type="checkbox"/>	<b>Cauliflower</b> <i>(880 g)</i>	1	Piece	880 g
<input type="checkbox"/>	<b>Chicken Breast Fillet 2</b> <i>(1 g)</i>	1	Piece	1 g
<input type="checkbox"/>	<b>Shallot (Spring Onion)</b> <i>(20 g)</i>	1	Piece	20 g
<input type="checkbox"/>	<b>Vegetable Broth</b> <i>(1 ml)</i>	2000	Gram	1 ml
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Lard</b> <i>(1 g)</i>	100	Mililiter	1 g
<input type="checkbox"/>	<b>Curry</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Hot Paprika (Ground)</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g